

## **Naked Truth Recovery**

Pay What's Fair Fee Policy

This document will help you to understand our Pay What's Fair Fee Policy.

As a charitable, non-profit organisation with an international client base, we face some challenges when considering our fee structure for counselling and coaching with our recovery team. With such a diverse international client base, deciding on a fee for our services that lines up with local norms is a challenge. So, instead of charging a single flat rate for our services, we have adopted a Pay What's Fair Fee Policy that invites you to consider what an appropriate fee might be in your local area and taking into account your own personal financial circumstances.

As an organisation founded on Christian values, we have always felt strongly that part of our mission is to break down the barriers that prevent people from accessing quality, well trained and educated support when healing from unwanted problematic sexual behaviours and sexual betrayal. To this end, historically, we have kept our fees very low, intentionally to be able to do this.

We will never compromise on the quality of the support we offer. We will only provide you with well trained, competent practitioners you can trust, practitioners who have done the hard work and training to equip themselves well to support you. In order to be able to attract these types of practitioners, we need to be able to offer them a rate of pay that accounts for the personal expenses of maintaining such a high standard of care; training, supervision, case consultation, certification etc.

Our Pay What's Fair Fee Policy aims to balance the needs of our clients against the value of our practitioners, without compromising the quality of our support.

Any and all profits from the work of Naked Truth Recovery are directed back into the charity and support both Naked Truth Recovery itself and the wider work of the ministry. This means we can keep our group options and other resources either free or very low cost and we can subsidise, enable and support others to access support and education where funds are unavailable. We also use this money to educate school children, parents, churches, and communities about the issue of pornography and campaign for change in our culture around this issue.

During your initial consultation session with one of our Naked Truth Recovery Practitioners, you will discuss and agree the appropriate fee (tier level) for your session. The amount you agree will be different to other people accessing similar support as each agreement is made based on the circumstances of each individual client. Once a fee has been decided, you will each sign an agreement that stipulates the fee and an agreed review period when this conversation will be revisited and a new agreement set as needed.

Below is some guidance for you to take into consideration when making a decision about what you are able to pay your practitioner. Please consider all criteria when making your decision.

- Training What specialised training does my practitioner have? How important is it to me that they have this training? Am I willing to pay a little extra to secure their specialised knowledge and education?
- Certification Has your practitioner received any certifications? Certifications mean that they have worked under supervision through a process of demonstrating competence in a particular approach. How valuable is this experience to you?
- Experience How long has my practitioner been working with people like me? What is their experience worth, both personal and professional?
- Availability and demand How in demand is the practitioner I would like to work with?
  Do they have a waiting list?
- Your own financial realities What can I afford? How much of a priority, financially, is this for me? What feels right to me to pay, based on all of my available options?
- The local precedents for similar support What are others charging for similar services in your area? What would I need to pay if I went elsewhere for similar support?

Note: your practitioner will discuss local fee norms in your session.

On the following page you will find a table of payment levels/tiers that you and your practitioner will be referencing as you make your agreement.

## Pay What's Fair Fee Tiers:

## Payment Tiers:

Client Payment Tier	50 mins (1 hour)	80 mins (1.5 hours)	110 mins (2 hours)
1	£50	£80	£110
2	£75	£120	£165
3	£100	£160	£220
4	£125	£200	£275
5	£150	£240	£330